

# 115學年度新生填寫健康資料程序

Step 1: 至學校首頁找到 My Portal



Step 2: 輸入帳號(為小寫 s+學號)；

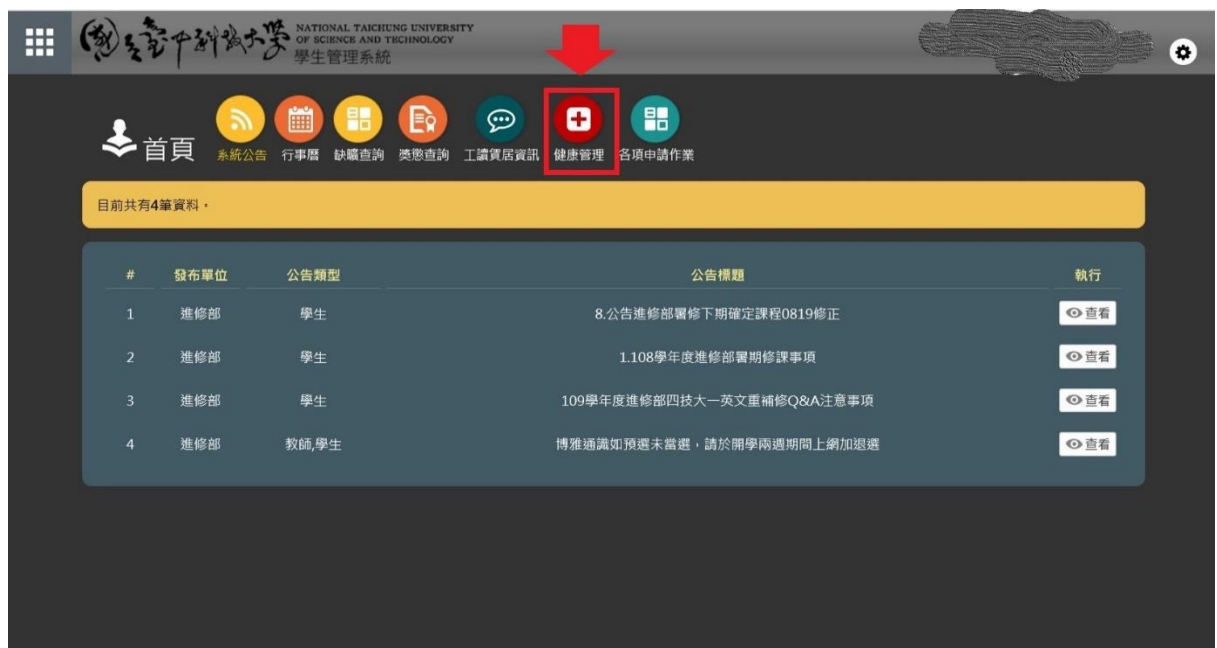
密碼為英文字母為大寫的身分證字號



### Step 3: eportal 裡面到學生管理系統



### Step 4: 學生管理系統點選健康管理



## Step 5:點選個人健康紀錄



## Step 6:點選填寫健康資料卡



## Step 7:填寫個人健康紀錄

The screenshot shows the 'Student Health Management System' (學生健康管理系統) interface. At the top, there's a navigation bar with the university logo and name. Below it, a yellow banner contains the instruction: '請完成所有「健康基本資料、健康型態與自我健康評估」後再點選送出，謝謝。' (Please complete all 'Basic Health Information, Health Status, and Self-Health Assessment' before clicking 'Submit', thank you.) and a '返回項目清單' (Return to Item List) button. The main content area is titled '學生健康資料卡自填部分' (Student Health Information Card Self-Fill Part). Under the '一、健康基本資料' (I. Basic Health Information) section, there is a form for '1. 個人疾病史：請勾選本人曾患過的疾病' (1. Personal Medical History: Please check the diseases you have ever had). It includes checkboxes for various conditions like tuberculosis, heart disease, hepatitis, etc., and text input fields for more details. Below this, there are sections for 'A. 治療狀況' (A. Treatment Status) with radio buttons for different levels of treatment, and 'B. 就診醫院' (B. Hospital Visited).

## Step 8:資料全部填寫完後，請按送出

This screenshot shows the '三、自我健康評估' (III. Self-Health Assessment) section. It includes questions about habits and health status. Question 15 asks about bowel habits, and question 16 asks about internet usage. Below these, there are two questions about the user's health and mental health status over the past month, each with radio button options from 'Excellent' to 'Poor'. A text input field is provided for '3. ※目前有哪些健康問題？請敘述：' (3. What health problems do you currently have? Please describe:). At the bottom, there are two buttons: '送出' (Submit) and '清除' (Clear). The '送出' button is highlighted with a red rectangle.

**請各位新生於 115 年 9 月 18日前填寫完畢**

**有問題請洽進修部夜間班學務組**

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